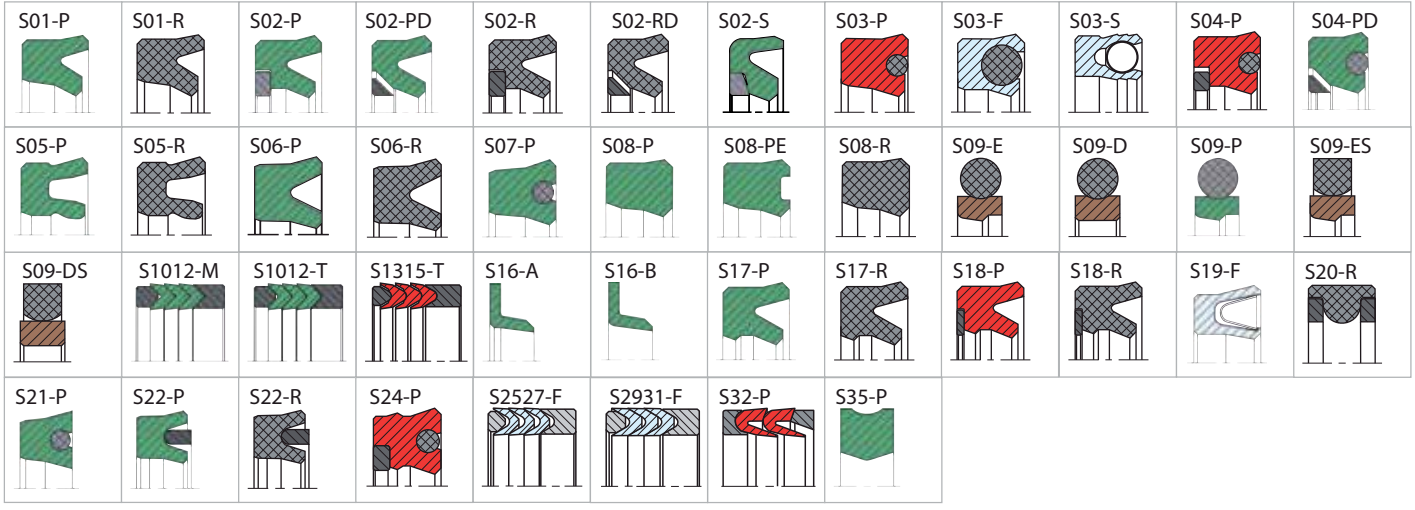SEALS FOR RODS